Zuba joins Student Health and Wellness

The University of Illinois College of Medicine at Rockford is pleased to welcome Anne Zuba, MSW, LCSW, to its University Student Health and Wellness at Parkview.

Zuba is a Licensed Clinical Social Worker having earned her Bachelors’ degree in Social Work from Southern Illinois University and her Masters degree in Social Work from the University of Illinois Chicago. She has worked with individuals, couples and families in an in-patient psychiatric setting, through her work in the field of Employee Assistance Program (EAP) counseling and in a private practice setting for nearly 25 years. Her special areas of interest include, but are not limited to: addictions, grief and loss, trauma, stress management/coping skills development, and depression and anxiety disorders.

Zuba has received training and/or certification in alcohol and drug abuse counseling, Critical Incident Stress Debriefing (CISD), and school social work and is certified as a Substance Abuse Professional (SAP) in accordance with the Department of Transportation guidelines. A portion of her practice is also dedicated to providing educational/wellness training programs to area organizations and their employees.

Since 1972, the College of Medicine at Rockford has focused on building an academic medical institution committed to education, research and innovation, and clinical service in the surrounding communities. The College has become a center for internationally recognized research efforts funded through grants awarded by government agencies, private foundations and other resources. Today, the University of Illinois Rockford Campus is a regional health sciences center, home to the College of Pharmacy program, the College of Nursing advanced degree program, the master's in medical biotechnology program, a public health certificate and Health Systems Research.

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