The University of Illinois College of Medicine Rockford and Monroe Clinic developed a new Rural Family Medicine Residency Program in 2015. The program is the first AOA-accredited rural training track in the country. In 2017, the program received ACGME accreditation and is in the process of applying for Osteopathic Recognition with ACGME. This unopposed program allows for ample teaching and hands-on experience without competition from other residents.

While the program is new, Monroe Clinic has more than 60 years of experience hosting medical students and residents on rural rotations. More than 75 percent of the 80 employed physicians share their experience and medical expertise with learners focusing on the essentials of high-quality and compassionate care. In addition to the residency, Monroe Clinic offers fellowships to family medicine physicians in Rural Emergency Medicine and Hospitalist Medicine.

The Monroe Clinic Rural Family Medicine Residency Program has dual accreditation with ACGME and AOA. For 2018, the program will be participating in both the NRMP and NMS match. The Rural Family Medicine Residency Program accepts applications through ERAS. The AOA program number is 362337 and the ACGME program number is 1205600677. The program has applied for osteopathic recognition with ACGME and will require all MD applicants to have 120 hours of osteopathic training, clinical experience in osteopathic training, and a letter of recommendation from a DO physician to be considered for an interview.

At this time the family medicine residency program is not sponsoring J1 visas. Applicants must be US citizens or permanent residents.
Salary (2018-2019)

Resident stipends for the academic year of 2018-2019 are as follows:

- R1 $54,000
- R2 $56,000
- R3 $58,000
- Chief Resident $2,000 stipend

Clerkship – elective/audition rotations are available upon request by contacting fmresidency@monroeclinic.org

Additional Benefits:

- Relocation allowance up to $1,500 (R1 and R2)
- An additional $10,000 stipend payment is provided in the R1 year as a bonus payment with the first paycheck
- Smartphone provided for each resident
- Use of laptop computer during residency
- Meal stipend provided while on duty in hospital
- Lab coats provided with laundry service
- Life insurance
- Disability insurance
- Health insurance plans are available. Costs vary based on plan selected.
- Dental insurance
- Vision insurance
- Tax-deferred voluntary savings plan
- Family leave
- Professional liability insurance coverage related to residency program duties
- Paid permanent license for residents (Illinois and Wisconsin)
- Paid federal controlled substance registration
- Paid certification courses in CPR, ALSO, NRP, PALS, and ACLS
- Twenty days “combined time off” (CTO) per year
- Five additional days available for conference attendance
- $700 (R1)/$1200 (R2/R3) CME funding per year for conference attendance, medical books, or software
- Medical library with free printing/photocopy privileges, subscription to UptoDate and Access Emergency Medicine
- Annual retreat
- Hospital call rooms provided
- On-site fitness center access
- Monroe Country Club discounted membership

Outside employment is permissible with consent of the program director. Residents must first obtain permanent licensure in Illinois and Wisconsin.
First-Year Residency (R1)
Monroe Clinic Rural Family Medicine Residency residents will spend most of their first year in Rockford, Ill., coming to Monroe Clinic’s Family Medicine Center in Monroe, Wis., weekly for 1-2 days per week of continuity clinic.

AMBULATORY PEDIATRICS — 1 block
Curricular focus on immunizations, well child care and acute care

CARDIOLOGY — 1 block
Inpatient and outpatient setting
Wide spectrum of cardiac cases
Focus on cardiac history and physicals, presenting symptoms, risk factor assessment and acute cardiac emergencies
Experience with stress testing and EKG interpretation

EMERGENCY MEDICINE/RADIOLOGY — 1 block
Application of ATLS and ACLS principles
Participate in hospital “code blues”
Hands-on wound suturing experience
Evaluate and treat emergency patients including trauma and severe illness
Supervision by certified emergency physicians
Review daily hospital imaging studies with a radiologist

ENDOCRINOLOGY — 1 block
Experience in the evaluation and management of common endocrine and metabolic disorders
Supervised by an endocrinologist affiliated with OSF Saint Anthony Medical Center

FAMILY MEDICINE INPATIENT SERVICE — 3 blocks
Responsible for inpatient care of UI Health L.P. Johnson Family Health Center patients including pediatric patients
General medicine patients who represent a typical family physician’s service
Daily rounds with senior resident and attending physicians
Supervised by senior resident and family medicine attending physicians

INPATIENT PEDIATRICS/NICU — 1 block
Work with neonatologists in Level II with exception nursery
Hospitalist pediatricians as attending physicians
Largest OB delivery volume of area hospitals
Experience in resuscitation of neonates, including C-section deliveries
NRP certified in first year
Deliveries for newborn resuscitation
OBSTETRICS — 3 blocks
Delivery of 25 to 35 obstetrical patients per two months with experience in using forceps and vacuum extraction
Interaction between medical students and residents on this service
Prenatal care experience in high-risk obstetrics clinic
Fetal monitoring and ultrasound training
Maternal-fetal medicine in complex patients
Deliveries supervised by family physicians and obstetricians
Continuity of care in OB patients
ALSO certified in first year
High-risk patients managed by residents and attending physicians

RENAI — 1 block
Diverse exposure to the health problems of patients admitted to the hospital
Exposure to acute and chronic renal disease
Basic interpretation of IVPs, renal ultrasound and CT scans of the kidneys
Supervised management of fluid and electrolyte disturbances in hospitalized patients with impaired renal functions

SPORTS MEDICINE/ORTHOPEDIC SURGERY — 1 block
Joint injections, workshops, fracture reduction, splints and casting
Urgent care orthopedics
Option for longitudinal experience as sports team physician

SURGERY — 1 block
One-on-one service with a teaching surgeon
Emphasis on pre-op and post-op diagnosis and care in surgeon's office
Acquisition of technical skills—suturaing, emergency surgical stabilization techniques and management of fluids, electrolytes, nutrition and pain control
Opportunity for intubation
Outpatient ambulatory surgery—exposure to outpatient procedures
Inpatient and outpatient wound care visits
Pre-op evaluation skill development

FAMILY MEDICINE CENTER AT MONROE CLINIC
First-year residents spend two half-days per week in the office and see four to six patients per session
Supervision by full-time preceptors and board-certified family medicine preceptors
Emphasis on health maintenance and patient-centered care

Second-Year Residency (R2)
Block scheduling allows resident to concentrate on a single subject area for 4 weeks. Resident attends didactic conference sessions and develops a continuity practice in the FMC for 3-4 half days per week.

BLOCK ROTATIONS

BEHAVIORAL MEDICINE — 1 block
Work one-on-one in the behavioral health department
COMMUNITY MEDICINE — 1 block
Gain an understanding of community needs through an evidence-based assessment. Learn about available resources to improve population health outcomes.

ELECTIVES — 1 block
One elective experience is available at Monroe Clinic including endocrinology, pathology, nephrology, woundcare, pain management, hospitalist, emergency medicine, anesthesiology, and surgical procedures. Additional options are offered through the Wisconsin Collaborative for Rural GME.

EMERGENCY MEDICINE — 2 blocks
Gain experience in emergency medicine protocols and procedures
Work with both family medicine and emergency medicine trained physicians

ENT — 1 block
One-on-one teaching sessions in the office of an active ENT surgeon

GENERAL SURGERY — 1 block
One-on-one experience working with a teaching surgeon
Emphasis is on pre-op and post-op diagnosis and care
Opportunities to assist and gain technical skills including suturing, emergency surgical stabilization techniques, and management of fluids, electrolytes, nutrition, and pain control

GYNECOLOGY — 1 block
One-on-one teaching sessions in a busy women's health department
Surgical opportunities as appropriate

INPATIENT MEDICINE — 2 blocks
Responsibility for inpatient care of FMC and patients from the Monroe Clinic service area.
Daily rounds and management of patients working with a hospitalist team including both internal medicine and family medicine physicians.

INPATIENT PEDIATRICS — 1 block
Attend regional children's hospital for inpatient pediatrics rotation
Diagnose and treat both common and complex pediatric conditions
Good case distribution with primary management responsibilities

OPHTHALMOLOGY — 2 weeks
Opportunity to participate in surgical cases ranging from pediatric to adult

ORTHOPEDICS — 1 block
Outpatient and inpatient orthopedics
Experience in management of acute musculoskeletal injuries and fractures
Ample opportunity to assist in surgery

PALLIATIVE MEDICINE — 2 weeks
Work one-on-one with a palliative care physician learning about end of life care and assisting patients with specific symptom palliative care needs
PEDIATRICS — 1 block
One-on-one teaching sessions in a busy pediatrics department

UROLOGY — 2 weeks
Learn outpatient urology procedures and techniques

Third-Year Residency (R3)
Block scheduling allows resident to concentrate on a single subject area for 4 weeks. Resident attends didactic conference sessions and develops a continuity practice in the FMC for 4-5 half days per week.

DERMATOLOGY — 1 block
Work one-on-one in the office of a dermatologist

ELECTIVES — 3 blocks
A number of elective experiences are available at Monroe Clinic including pathology, nephrology, wound care, pain management, hospitalist, emergency medicine, anesthesiology, and surgical procedures. Additional options are offered through the Wisconsin Collaborative for Rural GME.

GASTROENTEROLOGY — 2 weeks
One-on-one in gastroenterology practice
Extensive outpatient and inpatient experience

GERIATRICS — 2 weeks
One-on-one experience with adult medicine/geriatric trained providers in the office setting
Nursing home visits occur on a bi-monthly basis to supplement the geriatrics curriculum
Participation in diagnostic memory testing

IMAGING — 2 weeks
Experience in medical image interpretation working one-on-one with radiologists
Understand imaging technology available in a community hospital setting

INPATIENT MEDICINE — 2 blocks
Responsibility for inpatient care of FMC and patients from the Monroe Clinic service area.
Daily rounds and management of patients working with a hospitalist team including both internal medicine and family medicine physicians.

NEUROLOGY — 2 weeks
One-on-one experience with neurologists to gain an understanding of common neurological conditions
Opportunity to participate in an outpatient memory clinic as part of the rotation

OCCUPATIONAL MEDICINE — 2 weeks
Gain experience in examination skills for pre-employment physicals, sick call, hazard/toxin exposure work-ups and seasonal influenza mass campaigns.

PEDIATRICS — 1 block
One-on-one teaching sessions in a busy pediatrics department
PULMONARY MEDICINE — 1 block
One-on-one service with pulmonologist
Experience in pulmonary diagnosis and treatment; ventilator management
Wide range of inpatient and outpatient contact

PRACTICE MANAGEMENT — 1 block
Gain experience and understanding of what happens behind the scenes in an active family medicine center.

Family Medicine Residents 2018-2019

MONROE CLINIC RURAL FAMILY MEDICINE RESIDENCY

FIRST YEAR
- Nikita Aggarwal, DO
- Bhuvana Durairaj, DO

SECOND YEAR
- Mark Blomberg, DO
- Tyler Manley, DO

THIRD YEAR
- Brittany Blomberg, DO
- Benjamin Chao, DO
- Joy Ryland, DO
- Mark Patterson, DO
Monroe Clinic Family Medicine Residency Faculty Members

CJ Smith, DO, Osteopathic Program Director/Site Director
Clinical Assistant Professor in the Department of Family and Community Medicine
Dr. Smith earned his medical degree from Kirksville College of Osteopathic Medicine and completed residency training at Metropolitan Hospital in Grand Rapids, Michigan. He has been practicing family medicine since 2003 serving at General Leonard Wood Army Hospital before joining the medical staff at Monroe Clinic in 2007. Dr. Smith serves as the chief of staff at Monroe Clinic and on the Monroe Clinic Board of Directors. He has served as program director since 2014 and has over seven years of teaching experience working with medical students and residents. His interests include sports medicine and musculoskeletal systems as well as procedures and treatments to manage pain, including prolotherapy.

Elisabeth Anumu, MD
Dr. Anumu earned her medical degree from the University of Ulm in Germany and completed her family medicine residency at the University of Illinois College of Medicine Rockford program. Her special interests include office procedures and women's health.

Robert Bandera, MD
Clinical Assistant Professor in the Department of Family and Community Medicine
Dr. Bandera completed his medical degree at Southern Illinois University and residency training at SIU-Springfield. Prior to joining Monroe Clinic, Dr. Bandera served as faculty in the University of Illinois College of Medicine Rockford Dixon Rural Program. Dr. Bandera teaches both medical students and residents at Monroe Clinic.

Robert Cates, MD
Clinical Assistant Professor in the Department of Family and Community Medicine
Dr. Cates earned his medical degree from the University of Wisconsin – Madison. He completed residency training at Moses H. Cone Memorial Hospital in Greensboro, NC. Dr. Cates also completed fellowship training in sports medicine. He has been teaching medical students and residents at Monroe Clinic for more than 10 years.

Timothy Hamel, MD
Dr. Hamel earned his medical degree from the University of Wisconsin – Madison and completed residency training at St. John's Mercy Medical Center in St. Louis, Missouri. A physician at Monroe Clinic since 1983, Dr. Hamel has practiced full-scope family medicine in addition to serving as an emergency department physician. He has extensive teaching experience working with medical students and residents throughout his career.
Amy Johnson, MD
Clinical Assistant Professor in the Department of Family and Community Medicine
Dr. Johnson received a medical degree from the University of Tennessee and completed a pediatrics residency at the Medical College of Wisconsin. After residency she served as faculty at Medical College of Wisconsin before coming to Monroe Clinic.

Michael Muise, MD
Dr. Muise completed his medical degree and residency training in family medicine through the University of Illinois College of Medicine Rockford. He enjoys teaching, serving as a preceptor to both medical students and residents.

David Rebedew, MD
Clinical Assistant Professor in the Department of Family and Community Medicine
Dr. Rebedew completed medical school at the University of Wisconsin in the Wisconsin Academy for Rural Medicine (WARM) program. He has a strong interest in rural medicine and emergency medicine. Dr. Rebedew completed residency training at the Waukesha/MCW Family Medicine Residency program.

Michele Roelli, MD, Women’s Health Faculty
Dr. Roelli earned her medical degree from Medical College of Wisconsin and completed her family medicine residency training at the University of Wisconsin – Madison. As a resident she rotated at Monroe Clinic where she returned after 10 years in a small rural practice with a strong focus in women’s health and obstetrics.

Joshua Schulist, MD, Core Faculty
Clinical Assistant Professor in the Department of Family and Community Medicine
Dr. Schulist earned his medical degree from the University of Wisconsin – Madison which is where he also completed his residency training in Family Medicine. He has a commitment to rural medicine, graduating from the Wisconsin Academy for Rural Medicine (WARM) and practicing in rural New Zealand following residency.
Monroe, Wisconsin, is a town rich in community and heritage. It is the county seat of Green County, Wisconsin, with a population of approximately 11,000 people. It offers close proximity to larger urban areas such as Madison, Milwaukee, Rockford and Chicago. Constructed in 1891, its beautiful Romanesque-style courthouse is one of the most photographed buildings in Green County. It sits in the center of a bustling town square, where residents and visitors regularly gather to enjoy outdoor concerts and community festivals. While it offers the best of small town living, events such as Cheese Days and the Balloon Rally draw visitors by the thousands from all over the globe. Green County is home to many beautiful parks and trails, an active arts community, distinctive retailers and diverse businesses, large and small.

**MONROE CLINIC**

Monroe Clinic is a not-for-profit, single hospital health system, grounded in mission and fueled by innovation. Our history and commitment to those we serve is tied to our conviction that healthcare can be both high-quality and accessible to all who need it.

Serving southern Wisconsin and northern Illinois since 1939, Monroe Clinic is proud to have committed to building at LEED-Silver standards for our new hospital that opened its doors in 2012. The 225,000 square-foot, facility offers a nature-inspired design conducive to health and healing.

We work closely with our providers to continually provide optimal surroundings and tools. Whether investing in new technologies, such as the da Vinci® robotic surgery system, or developing specialized services, such as palliative care, we support a strong patient-caregiver partnership in all its forms. Sponsored by SSM Health, Monroe Clinic includes a multi-specialty physician practice with more than 120 employed providers, 11 clinic locations, a 24-hour emergency room, offering a wide range of diagnostic, wellness and treatment modalities.

For over 60 years, physicians at Monroe Clinic have been committed to teaching future physicians for rural practice. While the rural training track program is new, Monroe Clinic physicians are experienced in teaching medical students, residents, and fellows. In 2014, Monroe Clinic opened a state-of-the-art simulation center providing increased capabilities for clinical and procedural training.