Family Medicine Residency Programs
Welcome to the University of Illinois College of Medicine Rockford's family medicine residency programs: the Rockford Family Medicine Residency Program, Dixon Rural Training Track and Monroe Clinic Rural Family Medicine Residency Program.

The Rockford Family Medicine Residency Program was founded in 1972 by one of the early pioneers of our discipline, Dr. L.P. Johnson, and has continued to keep pace with the ever-changing field of family medicine. As the sole University of Illinois College of Medicine Rockford residency program, we offer an unparalleled experience with the patient care resources of one of Illinois' largest cities. The program is affiliated with SwedishAmerican: A Division of UW Health with core rotations at the award-winning SwedishAmerican Hospital where we enjoy the full support of hospital administration and medical staff. The nearby UI Health L.P. Johnson Family Health Center is close to Rockford's growing downtown area with interesting restaurants, diverse shops and a bustling city market. Art shows, concerts, sporting events and children's activities entertain and engage Rockford residents from all walks of life, making this community a wonderful place for singles and families alike.

The Dixon Rural Training Track is affiliated with Dixon's KSB Hospital. This town of about 16,000 people has a rural catchment area of about 40,000 and is located 40 miles southwest of Rockford. Residents in this program spend their first year based in Rockford with twice weekly clinic sessions in Dixon. Second- and third-year core rotations are completed at the community-based KSB Hospital. Those enrolled in the Dixon Rural Training Track enjoy the rich blend of high-quality training and peaceful small-town life in a cozy community peppered with parks and historical sites that continues to grow in industry and agriculture.

The Monroe Clinic Rural Family Medicine Residency Program, just 45 miles north of Rockford, is affiliated with SSMHealth's Monroe Clinic. Residents in this program get top-quality training in the urban setting of Rockford their first year followed by two years of training at Monroe Clinic, which provides an opportunity to learn family-centered care in a rural setting from experienced faculty. Monroe's not-for-profit single hospital health system is committed to serving this bustling town with its innovative facilities, state-of-the-art technology and top-notch team. The community boasts a host of festivals, events and businesses, offering the best of rural living.

Rockford, Dixon and Monroe are wonderful, family-oriented communities with cultural and recreational opportunities available locally and in nearby Chicago, Madison and Milwaukee. We can personally vouch for the warm Midwestern hospitality shown to our families.

The decision you will make in the next few months will have a significant impact upon your professional career. As faculty, we are committed to the ideals of our discipline of family medicine and are proud of the educational experience we provide. We invite you to take a close look at the enclosed pages to learn more about our family medicine residency programs.

Sincerely,

Joseph Ross, MD
Program Director
Rockford Residency Program
Associate Professor of Clinical Family Medicine

Gregory Reckamp, MD
Program Director
Dixon Rural Training Track
Clinical Assistant Professor

CJ Smith, DO
Osteopathic Program/Site Director
Monroe Clinic Residency Program
Clinical Assistant Professor
Rockford Family Medicine Residency
Thank you for your interest in applying to the University of Illinois College of Medicine Rockford Family Medicine Residency Program.

All applications to the program must be submitted through the Electronic Residency Application Service (ERAS). The deadline is December 2; however, early submission is encouraged.

Eligibility Criteria

- Medical school graduation within one year of start date or recent clinical activity in the practice of medicine
- US clinical experience other than research for foreign medical graduates
- Maximum of one failure on the United States Medical Licensing Examination (USMLE) Step 1 or Step 2 Clinical Knowledge (CK)
- No failures on USMLE Step 2 Clinical Skills (CS)
- Three (3) letters of recommendation from US physicians

These criteria are simply the requirements needed for your application to be reviewed; they do not guarantee an interview. Interviews will be granted upon further review of the application and all of its contents.

We will contact you if we wish to schedule an interview. Interviews will take place from late October through January. We also sponsor J1 and H1-B visas.

Contact Information

University of Illinois College of Medicine Rockford
Family Medicine Residency Program
1221 East State Street
Rockford, IL 61104
Phone: (815) 972-1037
Fax: (815) 972-1092
E-mail: fprockford@uic.edu
Web: rockford.medicine.uic.edu
Salary (2018-2019)

Resident stipends for the academic year of 2018-2019 are as follows:

R1 $53,307
R2 $55,000
R3 $57,000
Chief Resident $59,000

Other benefits include:
- Relocation allowance up to $1,500 (R1)
- Laptop
- Free access to UptoDate, MD Consult and all University of Illinois library resources
- Meals provided when on duty in the hospital
- Lab coats and laundry service
- Life insurance – 1x salary, with option to purchase additional term life coverage for spouse and children
- Health, dental and vision insurance
- Tax-deferred voluntary savings plan
- Membership at the YMCA for resident
- Subsidized on-site child care
- Family leave
- Professional liability insurance coverage related to residency program duties
- Paid certification courses in ALSO, NRP, and ACLS
- Twenty-one days of paid time off per year
- Five additional days per year available for conference attendance
- $700 (R1)/$1,200 (R2/R3) CME funding per year available for conference attendance, medical books or software
- Medical library with free photocopy privileges
- Annual retreat
- Night float call system
- Hospital call rooms provided
- Opportunity for a Masters in Public Health certificate
- Access to Glenn Netto Health and Wellness Center
- Access to the UIC Health Sciences Campus-Rockford

Outside employment is permissible with the consent of the program director. Presently, there is opportunity for third-year residents to moonlight in local emergency rooms and after-hours clinics. Residents must first obtain an Illinois permanent license.
First-Year Residency (R1)

AMBULATORY PEDIATRICS — 1 block
Curricular focus on immunizations, well child care and acute care

CARDIOLOGY — 1 block
Inpatient and outpatient setting
Wide spectrum of cardiac cases
Focus on cardiac history and physicals, presenting symptoms, risk factor assessment and acute cardiac emergencies
Experience with stress testing and EKG interpretation

EMERGENCY MEDICINE/RADIOLOGY — 1 block
Application of ATLS and ACLS principles
Participate in hospital "code blues"
Hands-on wound suturing experience
Evaluate and treat emergency patients including trauma and severe illness
Supervision by certified emergency physicians
Review daily hospital imaging studies with a radiologist

ENDOCRINOLOGY — 1 block
Experience in the evaluation and management of common endocrine and metabolic disorders
Supervised by an endocrinologist affiliated with OSF Saint Anthony Medical Center

FAMILY MEDICINE INPATIENT SERVICE — 3 blocks
Responsible for inpatient care of UI Health L.P. Johnson Family Health Center patients including pediatric patients
General medicine patients who represent a typical family physician’s service
Daily rounds with senior resident and attending physicians
Supervised by senior resident and family medicine attending physicians

INPATIENT PEDIATRICS/NICU — 1 block
Work with neonatologists in Level II with exception nursery
Hospitalist pediatricians as attending physicians
Largest OB delivery volume of area hospitals
Experience in resuscitation of neonates, including C-section deliveries
NRP certified in first year
Deliveries for newborn resuscitation

OBSTETRICS — 2 blocks
Delivery of 25 to 35 obstetrical patients per two months with experience in using forceps and vacuum extraction
Interaction between medical students and residents on this service
Prenatal care experience in high-risk obstetrics clinic
Fetal monitoring and ultrasound training
Maternal-fetal medicine in complex patients
Deliveries supervised by family physicians and obstetricians
Continuity of care in OB patients
ALSO certified in first year
High-risk patients managed by residents and attending physicians

RENAL — 1 block
Diverse exposure to the health problems of patients admitted to the hospital
Exposure to acute and chronic renal disease
Basic interpretation of IVPs, renal ultrasound and CT scans of the kidneys
Supervised management of fluid and electrolyte disturbances in hospitalized patients with impaired renal functions

SPORTS MEDICINE/ORTHOPEDIC SURGERY — 1 block
Joint injections, workshops, fracture reduction, splints and casting
Urgent care orthopedics
Option for longitudinal experience as sports team physician

SURGERY — 1 block
One-on-one service with a teaching surgeon
Emphasis on pre-op and post-op diagnosis and care in surgeon’s office
Acquisition of technical skills—suturing, emergency surgical stabilization techniques and management of fluids, electrolytes, nutrition and pain control
Opportunity for intubation
Outpatient ambulatory surgery—exposure to outpatient procedures
Inpatient and outpatient wound care visits
Pre-op evaluation skill development

UI HEALTH L.P. JOHNSON FAMILY HEALTH CENTER
Two half-days per week in the office
See four to six patients per session
Supervision by board-certified family medicine attending physicians and preceptors
Videotaping and case reviews done regularly
Emphasis on health maintenance and patient-centered care

Second-Year Residency (R2)

AMBULATORY PEDIATRICS — 1 block
Valuable experience in the office management of pediatric problems
Curricular focus on adolescent health and pediatric behavior disorders including eating, depression and ADHD

BEHAVIORAL MEDICINE — 2 weeks
Work with psychiatrist on a busy outpatient service
Observe psychotherapy with the UI Health L.P. Johnson Family Health Center behavioral health team

COMMUNITY MEDICINE — 2 weeks
A variety of experiences are available, including rural practice opportunity, home health care and substance abuse
Participation in management of hospice patients
Exposure to community homeless shelter medical care and STD clinic in jail setting
Opportunity to give community education lectures
**ELECTIVE — 2 weeks**
Opportunity to cater to special interests, e.g., anesthesiology, wound care, headache, neurology, pain management, pulmonary, urgent care, OMT, woman’s health, integrative medicine or physical therapy
Devoted to specific interests of residents

**FAMILY MEDICINE INPATIENT SERVICE — 1 block**
Responsibility for inpatient care of UI Health L.P. Johnson Family Health Center patients
Experience supervising residents for inpatient services to enhance own learning and teaching skills
OB deliveries/availability for emergent OB cases
Bedside teaching rounds for residents and medical students

**GASTROENTEROLOGY — 1 block**
Assessment and management of GI problems
Consultation service from large specialty group noted for outstanding teaching

**ICU — 1 block**
Management of a broad range of critical care problems
Mechanical ventilator management
Procedural skills including intubation, thoracentesis and placement of central and arterial lines

**INFECTIOUS DISEASE — 1 block**
Full management of critically ill patients acting as consultant with specialist support
Sharpen skills of diagnosis of infectious disease including use of microbiology laboratory
One-on-one discussions with ID faculty
Weekly ID resident/student presentations

**MEDICINE AND OB — 2 blocks**
Responsible for inpatient care of UI Health L.P. Johnson Family Health Center patients including obstetrics patients
General medicine patients who represent a typical family physician’s service
Daily rounds with attending physicians

**OBSTETRICS — 2 blocks**
Weekly morning report OB conference with all residents
Increased case complexity

**PEDIATRIC ER/NICU — 1 block**
High volume peds ER
NICU Level II and III experience

**PRACTICE MANAGEMENT — 2 weeks**
Expertise coding – highly rated opportunity for learning a variety of billing and Medicare compliance issues
Exposure to new model of family medicine
Work with UI Health L.P. Johnson Family Health Center clinic manager and Operations Committee to develop a practice plan and participate in quality review process
Opportunity to focus experience in areas of resident interest
UI HEALTH L.P. JOHNSON FAMILY HEALTH CENTER
Three half-days per week in the health center
Further development of a panel of health center patients
Increased office procedures
Videotaping and case reviews done regularly

Third-Year Residency (R3)

AMBULATORY GYNECOLOGY — 1 block
Opportunity to certify in colposcopy
Outpatient gynecology work with community faculty attending physicians

BEHAVIORAL MEDICINE — 2 weeks
Inpatient substance abuse treatment
Inpatient psychiatric services
Observe ECT

DERMATOLOGY — 1 block
Extensive outpatient dermatology
Experience with dermatological procedures

ELECTIVE — 3 blocks
Opportunity to cater to special interests, ie.; anesthesiology, radiology, wound care, headache, neurology, pain management, pulmonary, urgent care, OMT, woman’s health, integrative medicine or physical therapy
Devoted to specific interests of residents
Global medicine electives available. Limited to one block rotation in third year

EMERGENCY MEDICINE/RADIOLOGY — 1 block
Application of ATLS and ACLS principles
Evaluation and treatment of emergency patients including trauma and severe illness
Development of urgent care procedural skills

ENT/OPHTHALMOLOGY — 1 block
Office experience with active ENT and ophthalmology specialists
Optional participation in surgery according to the interest of the resident

FAMILY MEDICINE INPATIENT SERVICE — 2 blocks
Responsibility for inpatient care of UI Health L.P. Johnson Family Health Center patients
Experience supervising residents for inpatient services to enhance own learning and teaching skills
OB deliveries/availability for emergent OB cases
Bedside teaching rounds for junior residents and medical students

GERIATRICS — 1 block
Participation in a multi-disciplinary geriatric assessment team evaluating complex health problems in elderly patients
Subacute hospital/short-stay unit for patients in transition from acute care hospital to home or nursing home care
Participate in management of palliative care and hospice patients
ORTHOPEDICS — 1 block
Outpatient and inpatient orthopedics
Experience in management of acute musculoskeletal injuries and fractures
Ample opportunity to assist in surgery

UROLOGY — 2 weeks
Outpatient and inpatient experience
Opportunity to assist during surgery

UI HEALTH L.P. JOHNSON FAMILY HEALTH CENTER
Four half-days per week in health center
Further development of a panel of health center patients
Increased emphasis on office procedures including training in colposcopy, vasectomy, IUDs, Nexplanon and minor surgery
Videotaping and case reviews done regularly
Family Medicine Residents 2018-2019

Rockford Family Medicine Residency Program

First Year

Megha Adusumalli, MD
Unit 2

Angelica Alonso, MD
Unit 1

Matthew Aue, MD
Unit 2

Manpreet Aujla, MD
Unit 1

Pawandeep Dhillon, MD
Unit 2

Rachel Hansen, MD
Unit 1

Cody Bianchetta, MD
Unit 2

Timea Maxim, MD
Unit 1

Philip Carlson-Dexter, MD
Unit 1

Manisha Chand, MD
Unit 1

Tarveer Johal, MD
Unit 2

Osaze Oviawe, MD
Unit 1

Divya Mani, MD
Unit 1

Sonia Parmar, MD
Unit 2

Kaavya Chivukula, MD
Unit 2

Jose Sanchez, MD
Unit 1

Toral Ramaiya, MD
Unit 2

Vilma Ramirez, MD
Unit 2

Fauzia Wani, MD
Unit 1

Nupur Verma, MD
Unit 2

Jason Ziegler, MD
Unit 1
University of Illinois College of Medicine Rockford
Family Medicine Residency Program Faculty

Joseph Ross, MD
Rockford Family Medicine Residency Program Director
Associate Professor of Clinical Family Medicine

Dr. Ross earned his medical degree from Loyola University. He completed his residency training at the University of Illinois College of Medicine Rockford, then served as assistant director of the residency before going into private practice. He became program director shortly after rejoining the program. His interests include geriatrics, quality assurance/improvement, and curriculum development.

Sherry A. Falsetti, PhD
Professor in the Department of Family and Community Medicine
Assistant Dean of Research

Dr. Falsetti graduated from University of Missouri-St. Louis with a PhD in clinical psychology. She completed an internship and postdoctoral fellowship at the Medical University of South Carolina. She then served as faculty for nine years and as director of training for the postdoctoral fellowship program and director of clinical operations at the National Crime Victims Research and Treatment Center. She’s received numerous teaching awards and a National Institute of Mental Health grant. In her active clinical practice she specializes in the treatment of mood and anxiety disorders, the psychological impact of chronic health problems and the interplay of physical health and behavioral sciences.

Annette Hays, PharmD
Clinical Assistant Professor in the College of Medicine Department of Family and Community Medicine and UIC College of Pharmacy

Dr. Hays is a board-certified clinical pharmacist. She graduated from the University of Illinois College of Pharmacy at Rockford and completed PGY1 training at Advocate Lutheran General Hospital in Park Ridge, Ill. As a member of the health care team at UI Health L.P. Johnson Family Health Center, she ensures patients’ medication needs are met by working closely with them to ensure that they understand their medications and are taking them in a safe manner. She also works with the attending physicians and resident physicians to monitor patients and make necessary changes to medications that will improve their overall health. Clinical interests include non-opioid pain management for chronic pain patients, medication therapy management for chronic care patients, and pharmacotherapy for psychiatric disorders.

John Holden, MD
Assistant Professor of Clinical Family Medicine

Dr. Holden earned his medical degree from Texas A&M University College of Medicine. He completed his residency training at Albert Einstein Medical Center in Philadelphia, and completed a fellowship in reproductive endocrinology/infertility at the University of California San Diego. Dr. Holden presently serves as a delegate of the Illinois State Medical Society and as an executive committee member at the University of Illinois College of Medicine Rockford. He is the chairman with the department of obstetrics and gynecology at OSF Saint Anthony Medical Center and serves on the board of directors at the Winnebago County Medical Society.
Mary Jo Ironside, MD  
Assistant Professor of Clinical Family Medicine  
Dr. Ironside is a graduate of the University of Iowa Carver College of Medicine. She completed her family medicine residency at the University of Illinois College of Medicine Rockford. She received the Golden Apple Teaching Award in 2014 and 2016, as well as Residency Faculty of the Year in 2016 and 2018. Her professional interests are OB, women’s health and pediatrics.

Alesia Jones, PhD  
Director of Behavioral Science  
Associate Professor in the Department of Family and Community Medicine  
Dr. Jones earned her doctorate in clinical psychology at Northern Illinois University. She completed a two-year postdoctoral fellowship at the Medical University of South Carolina National Crime Victims Research and Treatment Center. Dr. Jones is a licensed clinical psychologist who provides evidence-based treatments for mood and anxiety disorders and specializes in the treatment of PTSD and depression among victims of crime and other stressful life events. She received the Psychiatry Golden Apple Award for Excellence in Teaching in 2009, YWCA of Rockford Woman of Achievement Professions Award in 2011 and Faculty Distinguished Teaching Award in 2015.

Sanyo Konyak, MD  
Assistant Professor of Clinical Family Medicine  
Dr. Konyak graduated from the Jawaharlal Institute of Postgraduate Medical Education & Research (JIPMER) medical school in India. He did his residency training in OB/GYN, leading to board certification as Diplomate of National Board, India. Since coming to the United States, he underwent residency training in family medicine at In His Image Family Medicine Residency Program, Tulsa, OK. Dr. Konyak has practiced family medicine with obstetrics for the past five years.

Kenton Lee, MD  
Assistant Professor of Clinical Family Medicine  
Dr. Lee is a graduate of John A. Burns School of Medicine at the University of Hawaii. He completed his residency at the University of Illinois College of Medicine Rockford and was chief resident during his third year. Dr. Lee is responsible for the pediatric rotations. He also serves as the medical director of the Winnebago County Justice System Medical Services. His professional interests include residency education, faculty development and practicing the full spectrum of family medicine.

Karen Liao, MD  
Assistant Professor of Clinical Family Medicine  
Dr. Liao will join the UI Health L.P. Johnson Family Health Center as an attending physician in August. Dr. Liao has practiced at the UI Health L.P. Johnson Family Health Center for three years as she completed her family medicine residency through the University of Illinois College of Medicine Family Medicine Residency Program. She is now board-certified in family medicine. She earned her medical degree at Poznan University of Medical Sciences in Poland and has had additional medical training in Canada, Taiwan and at Case Western Reserve University in Cleveland, Ohio.
Shawn Novak, MPA  
UI Health L.P. Johnson Family Health Center Practice Manager  
Shawn Novak has served as the practice manager of the UI Health L.P. Johnson Family Health Center since March 2008. She has a bachelor’s of science degree from the University of Iowa and a master’s degree in Public Administration from Northern Illinois University. She is responsible for the Practice Management curriculum and assists with the resident Quality Improvement projects. Her special interests are administration, practice redesign and quality improvement.

Vicki Weidenbacher-Hoper, MSW  
Clinical Associate and Grant Writer in the Department of Family and Community Medicine  
Vicki Weidenbacher-Hoper is a graduate of Luther College in Decorah, Iowa. She went on to earn a master’s degree in social work and a certificate in public health from the University of Illinois at Chicago. Her role at the Family Medicine Residency Program is coordinating the Community Medicine Rotation for second-year residents.
University of Illinois College of Medicine Rockford
Family Medicine Residency Program Faculty Preceptors

Inis Jane Bardella, MD, FAAFP
Professor of Clinical Family Medicine and Clerkship Director
Dr. Inis Jane Bardella previously led medical education, research and clinical care development at the University of Pittsburgh School of Medicine, Indiana University School of Medicine, University of Colorado Center for Global Health and Rosalind Franklin University of Medicine and Science. A fellow of the American Academy of Family Physicians and member of the Society of Teachers of Family Medicine, North American Primary Care Research Group and Christian Medical and Dental Associations, she serves on the board of directors for the ABC Foundation and HEAL Africa USA.

Gurpreet Boparai, MD, FOMA
Clinical Assistant Professor in the Department of Family and Community Medicine
Dr. Boparai has special interest in preventive medicine, obesity and diabetes. She is a graduate of Guru Gobind Singh Medical College in Faridkot, India, and completed family medicine training and additional training in obesity medicine at the University of Florida. She utilizes her expertise to help patients with non-surgical weight loss and is qualified to provide ongoing care to patients following bariatric surgery. Dr. Boparai is a fellow of the Obesity Medicine Association and a member of the American Academy of Family Physicians and the American Society of Bariatric Physicians.

Andrew Dudas, DO
Clinical Physician
Dr. Dudas received his medical degree from the Chicago College of Osteopathic Medicine/Midwestern University, Downers Grove, Ill. and did his residency at West Suburban Medical Center, Oak Park, Ill. He completed a fellowship in urgent care at the University of Illinois College of Medicine Rockford. Dr. Dudas’ interests include full-scope family medicine, musculoskeletal medicine, procedures, dermatology and occupational medicine. He has a practice in the Chicago suburbs.

Mohammed Amir Khan, MD
Clinical Assistant Professor in the Department of Family and Community Medicine
Dr. Amir Khan is a graduate of Ross University School of Medicine in Porstmouth, Dominica, West Indies. He completed his family medicine residency at the University of Illinois College of Medicine Rockford and is board-certified in family medicine.
Mitchell S. King, MD  
Associate Dean for Academic Affairs, Chair of Health Sciences Education  
Professor of Clinical Family Medicine  
Dr. King is the associate dean for academic affairs for the College of Medicine Rockford. A graduate of the Ohio State University College of Medicine, he completed his residency training in family medicine at Miami Valley Hospital in Dayton, Ohio. Dr. King supervises residents at the UI Health L.P. Johnson Family Health Center and is an attending physician on our family medicine inpatient service.

Bryan McDonald, MD  
Clinical Assistant Professor in the Department of Family and Community Medicine  
Dr. McDonald is a graduate of the University of Illinois Abraham Lincoln School of Medicine, Chicago. He completed his family medicine residency through the University of Illinois College of Medicine Rockford in 1977. After graduating, he was in private practice for a number of years before joining Rockford Health Physicians at Rockford Health System (now Mercyhealth). He retired from practice in July 2018 and now serves as a preceptor for the residency program.

Bill Nika, MD  
Clinical Associate Professor/Clerkship Director  
Dr. Nika supervises residents on the inpatient service, residency experiences with the local nursing homes and at the UI Health L.P. Johnson Family Health Center as a preceptor. He received his MD certification at the University of Tirana in Albania in 1986 and also received training in Greece in 1991 and completed his residency at the University of Illinois College of Medicine Rockford.

Michael Polizzotto, MD  
Clinical Associate Professor in the Department of Family and Community Medicine  
Dr. Polizzotto joined the Rockford Family Medicine Residency program after completing 11 years of active duty with the U.S. Navy Medical Corps. He taught in the family medicine residency program at Naval Hospital Camp Pendleton in California for four years, where he was twice selected by the residents as FP Staff Teacher of the Year. Dr. Polizzotto graduated from the University of Vermont College of Medicine in 1994 and completed his residency in family medicine at Camp Pendleton in 1999. His professional interests include residency education, diabetes care and clinical quality improvement.

Thomas Schiller, MD  
Clinical Assistant Professor in the Department of Family and Community Medicine  
Dr. Schiller is a Rockford native and is board-certified in family practice. He joined the SwedishAmerican Medical Group in 1995 and served as its president. He was also the Chief Clinical Integration Officer at Swedish American Health system. Dr. Schiller holds a bachelor’s degree from Johns Hopkins University in Baltimore. He is a graduate of the University of Illinois College of Medicine Chicago and did his residency at Baylor College of Medicine in Houston.
Patricia Shrestha, MD  
**Clinical Assistant Professor in the Department of Family and Community Medicine**  
Dr. Shrestha is a preceptor at UI Health L.P. Johnson Family Health Center. She enjoys community-based medicine. Clinically, she takes special interest in women's health and contraception. She received her medical degree from the University of the Philippines. She completed her medical residency at the University of Illinois College of Medicine Rockford. Dr. Shrestha speaks English and Filipino.

Carrie Sharkey, MD  
**Assistant Professor of Clinical Family Medicine and Course Coordinator in the Department of Family and Community Medicine**  
Dr. Sharkey is a graduate of the University of Illinois College of Medicine Peoria where she also completed her family medicine residency. She has special interest in simulation in medical education.

Mary Simmons, MD  
**Clinical Assistant Professor in the Department of Family and Community Medicine**  
Dr. Simmons completed medical school at the University of Illinois College of Medicine Rockford. She completed residency training at the University of Illinois College of Medicine Rockford Family Medicine Residency Program. She enjoys spoiling her grandchildren and Labrador retrievers.

Eric Trautmann, MD  
**Clinical Instructor in the Department of Family and Community Medicine**  
Dr. Trautmann completed medical school at the Loyola University Stritch School of Medicine, Maywood, Ill. He completed residency training at the University of Illinois College of Medicine Rockford Family Medicine Residency Program. In his free time, Dr. Trautmann enjoys tennis, skiing, travel, off-road motorcycling and scuba diving.
The Family Medicine Residency Program at the University of Illinois College of Medicine Rockford offers either a two-week or a four-week clerkship to fourth-year medical students. Our elective is designed to give students a general overview and experience with the fundamental aspects of family medicine. Each student is assigned to a second or third-year resident who is rotating on our family medicine service. The student and resident follow the same schedule. Students will be involved in patient care activities to the extent of their clinical abilities in both the outpatient clinic setting at the UI Health L.P. Johnson Family Health Center and our family medicine inpatient service at SwedishAmerican Hospital. The clerkship is intended to provide experience in or exposure to:

- Concepts of screening prevention and health maintenance
- Managing common problems in ambulatory family medicine
- Purpose and delivery of patient education
- Common office procedures and clinical skills
- Principles and practice on continuing care
- Ability to integrate patient care with the knowledge of the natural history of health and diseases

Students choosing to do a four-week clerkship will present a case in our resident morning report on a patient of their choice that they have followed in either the inpatient or outpatient setting. Students may also tailor the last week of their elective to meet individual needs, allowing for an enhanced experience in a specific area of interest. A rural experience can be provided through our rural training tracks in Dixon, Illinois, and Monroe, Wisconsin.

If you have any questions regarding our clerkship experience, or would like to do a family medicine clerkship at our residency, please contact us at (815) 972-1037.
SWEDISHAMERICAN HOSPITAL
SwedishAmerican is a division of UW Health. The organization includes two hospitals, a free-standing outpatient cancer center, 30 clinics, a home health agency and a foundation. SwedishAmerican Hospital is a 333-bed, full-service, non-profit hospital serving the greater Rockford region, northern Illinois and southern Wisconsin. It is a teaching hospital that hosts the University of Illinois College of Medicine Rockford’s Family Medicine Residency Program. Founded in 1911, SwedishAmerican Hospital has earned a reputation for its commitment to quality healthcare, including clinical excellence, outcome measurements and placing the needs and concerns of patients first. SwedishAmerican offers more than 350 active and courtesy staff physicians, encompassing approximately 40 different specialties and many specially trained allied health professionals. SwedishAmerican’s physicians represent all major surgical specialties and sub-specialties. The outpatient surgery center provides state-of-the-art procedures and service to more than 6,000 patients annually.

HEART HOSPITAL
From primary care to open heart surgery, SwedishAmerican’s range of cardiac services is truly comprehensive. Many cardiac services are provided within the Heart Hospital at SwedishAmerican, while others are offered at SwedishAmerican Hospital, through an extensive network of clinics, and by SwedishAmerican Home Health Care.

REGIONAL CANCER CENTER
The SwedishAmerican Regional Cancer Center offers state-of-the-art treatment and support services to cancer patients throughout northern Illinois. Our award-winning cancer program includes an outpatient cancer center, which offers advanced treatments under one roof and care that is coordinated by the region’s top specialists, including experts from UW Health and its nationally recognized University of Wisconsin Carbone Cancer Center.
AWARD-WINNING CARE
Quality is SwedishAmerican’s greatest priority. It drives all that we do. This includes treatment, prevention, education and care for the whole person. In recent years, our commitment to quality and excellence has resulted in more national awards for quality and preference than any other health system in northern Illinois.

CLINICAL QUALITY
• Magnet® Recognition
• Top 100 Hospital Quality Award (Total Benchmark Solutions)
• 150 Great Places to Work in Healthcare (Becker’s Healthcare)
• 100 Top Hospital Designation (Solucient)
• Distinguished Hospital Award (J.D. Power and Associates)
• National Quality Cup (Rochester Institute of Technology)
• Cardiac Surgery Excellence Award (HealthGrades)
• Outstanding Achievement Award (American College of Surgeons Commission on Cancer)
• “Best in Hearts” Designation (HealthGrades)

CONSUMER PREFERENCE / PATIENT SATISFACTION
• Consumer Choice Award (National Research Corporation)
• Patient Satisfaction Award (Arbor and Associates)

COMMUNITY IMPACT
• On the Bus Award (Crusader Clinic)
• Corporate Award (Salvation Army)
• Community Impact Award (MidTown District)

WORKPLACE EXCELLENCE
• Top 100 Integrated Healthcare Network (Verispan)
• Lincoln Award for Excellence (Lincoln Award for Performance Excellence)
• Governor’s Family Investment Award (State of Illinois)
• Gold Award of Well Workplace USA (Wellness Councils of America)
• Illinois Healthy Worksite - Gold Level (Illinois Department of Public Health)
• Platinum Level Fit-Friendly Worksite (American Heart Association)

INFORMATION TECHNOLOGY
• Most Wired Hospital (Hospitals & Health Networks Magazine)